



FOR TEAMS & ORGANIZATIONS

Team building that actually builds something.

Serious skills. Ridiculously fun delivery.

Meet the Emotional Endurance Carnival: a hands-on, neuroscience-backed experience where your people find out how they handle pressure, and leave with the tools that help them handle it more effectively.



Step right up to a better life.

Across 30+ interactive booths, employees step into the **Activation Point** to practice the split second between what happens and how they respond.

No lectures. No awkward trust falls. Just skills your team will actually use.

THE EXPERIENCE SPEAKS FOR ITSELF

95%

would tell a friend to come

63%

left better equipped
for the next hard day

7

new skills unlocked
per person, on average

2 in 3

kept playing after
they'd won their prize

"Phenomenal! And needed more than ever!" T.C.

The science is serious. The experience is fun.

Grounded in neuroscience and validated therapeutic approaches, the Carnival builds practical skills for:

- ✓ **Navigating stress** with intention
- ✓ **Adapting to change** and uncertainty
- ✓ **Communicating better** under pressure
- ✓ **Building connection** and asking for help



COPE365

The Carnival is just the beginning.

Every attendee gets a full year of COPE365, so the skills they learned at the Carnival become habits that last.

Invest in your people. Give them something worth experiencing.

Bring the Carnival to your next employee engagement event, leadership gathering, or team-building day.



**SCAN TO SCHEDULE A
DISCOVERY CALL**

More at sprouting-change.com/carnival