

What if emotional education felt like an adventure?

Real-life skills. Ridiculously fun delivery.

Meet the Emotional Endurance Carnival, a hands-on SEL experience. Students practice what to do in the moment a feeling hits, and find the tools that fit them.



Step right up to a better life.

Across 30+ interactive booths, students step into the **Activation Point** to practice the split second between what happens and how they respond.

Students don't just hear about emotional endurance. They experience it.

THE EXPERIENCE SPEAKS FOR ITSELF

95%

would tell a friend to come

63%

left better equipped
for the next hard day

7

new skills unlocked
per person, on average

2 in 3

kept playing after
they'd won their prize

"It made me realize there are other ways to deal with emotional things happening in my life." K.M.

The science is serious. The experience is fun.

Grounded in neuroscience and validated therapeutic approaches, the Carnival helps students:

- ✓ **Recognize** what triggers their stress
- ✓ **Understand** how their nervous system reacts
- ✓ **Practice tools** for difficult emotions
- ✓ **Ask for help** and value connection



The Carnival is just the beginning.

Every attendee gets a full year of COPE365, so the skills they learned at the Carnival become habits that last.

Give students an experience they'll remember, and skills they keep practicing.

Bring the Carnival to your school, district, or student event.



**SCAN TO SCHEDULE A
DISCOVERY CALL**

More at sprouting-change.com/carnival